

Yoga workshop so Sujith Sudakaran

Napísal Tatiana

Streda, 29 Jún 2022 11:20 - Posledná úprava Streda, 29 Jún 2022 11:30

Stretnutie s medzinárodným učiteľom Hatha Yogy z indickej Keraly 9.jula v Kosiciach, ktoré vždy prinesie krásny zážitok. Miesto si treba rezervovať, počet je limitovaný.

YOGA WORKSHOP & WELLNESS
09.07.2022

Sujith Sudakaran
Medzinárodný učiteľ Hatha Yogy z indickej Keraly

Vitalita centrum v Astórii, Južná tr. 29
workshop 16:30-18:30 • wellness 19:00-21:00

informácie: Tatiana 0905 550 608, tvargovcakova@gmail.com

workshop: 15€
•
wellness: 8€

The poster is a vertical rectangular flyer with a red background. At the top, it has a yellow banner with the text 'YOGA WORKSHOP & WELLNESS' in black. Below this is another yellow banner with the date '09.07.2022'. The central part features a portrait of a man with a beard and a brown shirt, flanked by two vertical panels showing a hand holding a lotus flower. Below the portrait, the name 'Sujith Sudakaran' is written in a stylized font, followed by 'Medzinárodný učiteľ Hatha Yogy z indickej Keraly'. There is a small image of a peacock feather below the text. The bottom section has a yellow banner with the venue 'Vitalita centrum v Astórii, Južná tr. 29' and the times 'workshop 16:30-18:30 • wellness 19:00-21:00'. Below this is a line of text with contact information. At the very bottom, there are two circular orange Om symbols flanking the pricing information: 'workshop: 15€' and 'wellness: 8€' separated by a small black square.